

Volume 42 Number 2

Capital Area Service Committee of Narcotics Anonymous

Rachelle W., Area Chair, opened the 436th meeting of CASNA on 02/01/2026, at 2:00 PM, with the Serenity Prayer. **Nancy U.** read the 12 Traditions, and **Stephen T.** read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts GSR count/Attendance/Welcome new GSRs/New Meetings
Correction/approval of the minutes Orders of the day

1. Discussion of motions will be limited to GSRs or a group representative only (supported by the 9th concept).
Extended discussion rests with the chair.

2. A member may speak once on an issue.

3. The Chair must recognize a member to speak.

4. Subcommittee reports will be limited to 10 minutes, plus questions and approval. 5. For an item to be placed
on the agenda, it must be in motion form and with a second.

6. Discussion topics must be in written form and given to the Chair. 7. Each member may speak once on a
discussion topic for a maximum of 5 minutes. Opening the Treasurer's report Groups with
problems/Group reports:

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurer's report

Quorum:

GSR count: 18 @ 2:03 PM

13 @ 3:20 PM 15 @ 3:30 PM

Attendance notes:

Open Positions:

*****Next Area Meeting is on 03/01/2026*****

New GSRs: Richard B. for The Bottom Line group

New Meetings: None to report

Corrections to Minutes: M10.25 P1 rescinded by Rob W.

Orders of the Day: Moved By: Sean B. 2nd by: Jan A.

Opening Treasurer's Report: Not available (due to technical difficulties)

Groups with Problems: None to report

Group Reports Acceptance- Tues 7-8 PM- 64 E North St, Carlisle, PA- No report **All Are Welcome-** Wed

7-8:15 PM- 54 Bank St, Harrisburg, PA - No report **Any Lengths-** Thurs 7:30- 8:30 PM- 210 W. Main St, Hummelstown, PA- No report **Back to Basics-** Wed 7:30- 8:30 PM- 135 W Simpson St, Mechanicsburg, PA- No report **Bottom Line-** Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA - Group is doing well. Had an event Jan. 31. 2026 that was a success. Changing GSR's because of work changes! Resuming business next month. Thanks for allowing me to serve. Rich B. **Clean and Free-** Sat 12-2 PM- 750 S 29th St, Harrisburg, PA- No Report. **Commitment to Change-** Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No Report. **Cut and Dry-** Fri 7- 8:30 PM- 914 S 21st St, Harrisburg, PA (21st & Derry)- No Report. **Desire to Grow-** Tues 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA – Attendance is picking back up since our move to the new location. Sean B. **Early Bird Gets the Worm-** Sat 9:30 AM- 11 AM- 32 S Front St., Wormleysburg, PA Still no luck with getting a hold of insurance liaison at region. Cesar J. **Exodus to Genesis-** Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- No report **Gathering Place, The-** Sun 6-7 PM- 323 Reno St, New Cumberland, PA - No report **The Ties that Bind Us Together-** No report **H.A.N.A-** Fri 6:30- 8 PM- 901 N 6th St, Harrisburg, PA- The homegroup is doing okay, we have been getting a nice crowd in spite of the weather. The message of recovery is being spread. We have some positions filled, but we are doing alright. Chris P. **Honesty-** Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA- No report **H.O.W Group-** Mon 5:30 PM – JFT 300 Market Street Lemoyne, PA- No report **Just for Today-** Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- No report **Just for Tonight-** Sat 8- 9 PM- 300 Market St, Lemoyne, PA- no report **Keeping the Hope Alive-** Sun 7:30- 8:45 PM- 300 Market St, Lemoyne, PA - No report. **Life or Death-** Sun 7-8 PM- 221 S 2nd St, Steelton, PA- No Report **Linglestown Meeting-** Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No report. **Lunch Bunch-** Mon-Sat 12- 1 PM- 309 Herman Ave, Lemoyne, PA (In person & Zoom) - Our Zoom presence has grown this winter. The zoom meeting has changed the format (see attached). We have a Lunch Bunch - Horizons on Facebook Messenger so newcomers can “parking lot” speak with other members in need. In person we struggle to find people to chair due to newcomers finding jobs or inconsistency of attendance. We need to make at least \$8/day to pay rent. Zoom is also paid using \$lunchbunchpa. We have a unique platform where we meet daily on Zoom and in person and members work diligently with each other, with Zoom incorporating members from around the world. Thanks for allowing me to be of service. Cat A. **Message of Hope-** Fri 8-9 PM- 4685 Mt Zion Dr, Enola, PA- No report **Nothing to Fear-** Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- No report **O.D.O.P.-** Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA - Participation is good. We have about 10 active HG members. No problems or concerns. We made a \$95.00 donation. Andrew M. **Only Hams are Cured-** Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA – No report **On Life's Terms-** Mon 6:30- 8:15 PM- 901 N. 6th St. Harrisburg, PA- No report **Saturday at Swatara-** Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No report **Share and Care-** Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- No report **Steps and Traditions-** Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA- Our meetings are back open after the holidays. We are doing well. Our meetings are thriving. Tony W. **Steps to Freedom-** Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- Group is doing well. Speaker Jam 1/24/26 went well. Looking to do one in June 2026. Always in need of new members. Derek C. **Twisted Sisters-** Tues 7- 8 PM- 323 Reno St., New Cumberland, PA- No report **Value of Life-** Sun 6- 7 PM- 130 Nittany Dr. Mechanicsburg, PA- The meeting continues to do well and slowly grow. Attendance has increased since the new literature format was adopted. (Study of the Living Clean, The Journey Continues). Thanks for allowing us to serve. **We Do Recover-** Mon 7- 8:15 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

Subcommittee Reports

Unity Committee: Group is doing well. Having upcoming cliché Speaker Jam! Flyers getting made up for March, April & May events. Preparing for Unity Day and T-shirt mission that's ahead! Need support and people willing to serve! Thanks for allowing me to serve! Richard B. Moved by Steph R. 2nd by Heather B. **Unity Treasurers' Report: not available** Teresa P. Moved by Cesar J. 2nd by Sean B. **Literature:** Starting balance \$36.82 + income of \$829.05 = \$865.87 Gave \$822.35 to treasurer and kept \$49.27 - I gave both invoices for the meeting lists to the treasurer. Candice M. Moved by Jan A. 2nd by Drew M. **Policy:** The committee met twice since the January CASNA meeting to review and update the 2025 Policy Log and Guidelines. A number of issues were found and will need revision:

1. Unity Sub Committee:

There are two conflicting policies under Unity Policy Updates:

6. To put into policy DJ only gets paid for hours of service (11/2/14)

7. Amount being paid for a DJ is \$250 (7/7/24)

Item 7 supersedes item 6. We recommend that item 6 be struck from the Policy Guidelines.

2. Procedure for spending while working in prudent reserve:

From the Policy Log, page 10:

9/14/1997 Prior to the treasurer using prudent reserve to pay bills or reimburse expenses a housekeeping motion be brought to Area listing the specific expenses to be paid and the exact dollar amount to be paid out of the prudent reserve.

There is no record of this policy being rescinded or superseded. The committee recommends adding this policy back into guidelines and that this policy be followed going forward. 3. Marathon Sub Committee Prudent Reserve

In March of 2025 the following motion was passed, but never added to Policy Guidelines:

02.25 P2 - To establish prudent reserve for marathon subcommittee in the amount of \$100.00 to be kept in Area's account until the time it is needed for marathon events. This is separate from the \$100.00 per event, given to marathon for rent.

Intent is for marathon to establish start-up funds for future events. The policy does not state how this prudent reserve is to be funded nor how it is to be accounted for. The committee recommends that the original policy be amended to clarify the source of the funds and how they should be accounted for before the Policy is added to the Guidelines. There is nothing in the Policy Guidelines regarding the funding of Marathons, so the second part of the motion should be struck. As these are changes to Policy, the new motion should go back to groups for a group conscience. The committee also recommends that the Policy Log be added to the website in addition to the Policy Guidelines. Other errors and inconsistencies have been

identified and will be addressed in the future which will result in changes to the Policy Guideline. Therefore, the Committee recommends deferral of Printing the minutes until later in the year.

Thank you for allowing us to serve. Stephen T. and Heather B. Moved by Jay G. 2nd by Rich B.

Public Relations: No report **RCM:** From World Service: WCNA39 will be in Dublin, Ireland to celebrate our 75th anniversary. This will likely be held in July 2028. The new H&I Basics revision is up for fellowship review. There is a 3 part resource including one for Corrections and one for Treatment. The last piece contains information for and about local H&I committees available for review for 90 days. Public Relations service is a vital link between NA and the professionals and agencies. There is a new power point on the PR page for committees or workgroups to use in their efforts to present NA to the public. The membership survey pamphlet, updated with information from the 2024 survey, is available. A revision of Serving NA in Rural and Isolated Communities has been posted. Group Readings: Many groups use readings that are drawn from our literature, but include no gendered language. World still has jobs posted if you are able to live and work in the Los Angeles area and are interested in joining the NAWs team, be in touch, there is so much to do. That's it from World. From our Region there are still workshops for the CAR that the Philadelphia Region is doing. There are every Wednesday 7 - 9PM on Zoom 894 3056 4000 password 55399. There are still many open positions in the Regional Body, both chair and vice chair are open for Policy, PR, H&I, Step Writing, Web. We have our next regional meeting on March 14th. Place to be determined. Our area hasn't hosted a regional meeting for about 10 years. Is this area open to hosting the March 2026 Region Mtg? If we are, we need to get it together soon. I brought all motions from the November 2025 meeting to this area in December 2025. I will need groups' thoughts to take for discussion to the March 2026 regional meeting. I am very sorry for not being able to attend January's Area and MARLCNA. I was very sick for several weeks. This is why an alternate is helpful because the information from MARLCNA would have still gotten to this area. Is this wanting to have a CAR workshop? I can get people to come and do one for us. New insurance liaison is Chris J. phn #610-417-9113 email - alistrive@yahoo.com Thanks for letting me serve! Nancy U. Moved by Joey B. 2nd Stephen T.

Marathon: No report **Marathon Treasurers Report:** No report **Audit:** no report **Hospitals & Institutions:** Jan A. opened the meeting at 12:30 PM. 15 members attended including 1 new panel leader, 3 waiting on meeting requirements, and 1 waiting on clean time requirements.

Facility Reports:

- Arkview- is on Tuesdays 7:30 - 8:30 PM. Jody B. continues to take speakers and is well received.
- C-90 - is on Thursdays 7 - 8 PM. Marlin and Drew are splitting but are having some issues with the facility, so Jan is going to contact them.
- Common Ground- is on Thursdays 6 - 7 PM. Jan A. and Cesar J all is well.
- Conewago - is on Mondays 7 - 8 PM. Matthew's 1st month went well and he is well received. He was given IPs and literature to start last month.
- DCP Women's – is on Mondays 3:30 - 4:30PM. Jan and Jenny continue to split.
- DCP Men's – is on Mondays 3:30 - 4:30PM. Marlin continues to carry the message.
- New Insights – is on Saturdays 7 - 8 PM. Dana is handing the commitment over to Georgeanna. She was given all literature and contact information.
- Women's Work Release (DC) – IS OPEN. Shelva is going to try to contact them, so we can start going in again.
- Men's Work Release (DC) – is on Tuesdays 7 - 8 PM. Marlin continues to go.

Jan is going to try to contact Salvation Army to start taking a meeting in since we have more members and Jan is going to contact Cumberland County Prison as well. Georgeanna was voted into a panel leader position. Closed with Serenity Prayer. Morgan B.

Elections: Alt RCM - Francois and **Marathon Vice Chair** - Tony W.

New Business:

M02.26 P3- To reduce the amount of meeting list sent to MARLCNA from 1500 to 500 Intent: Support concept 11 Submitted by Georgeanna H. 2nd by Candice M. **Discussion March, Vote April**

M01.26 P2 Update literature sub-committee policy, the chart of how much we should have in stock to include - Living Clean, Guiding Principles and Spiritual Principles a Day. Living Clean - 15 Guiding Principles - 10 Spiritual Principles a Day - 10 Intent: To ensure we have enough in stock for Homegroups at area. Policy currently reads 1. Written by Candice M. 2nd by Tyler S. **Discussion Feb, Vote March**

House Keeping Motions:

M02.26 H1: That the web servant be requested to add the Policy Log to the Download Section of the CASNA Website. Intent: To give members access to the historical policy record of CASNA. Stephen T. 2nd by Heather B. **Motion Passed 13-0-1**

Old Business:

M2.26 P1- I move that the body adopt the following as policy for this Area's Audit sub-committee. **Purpose:** The audit subcommittee will conduct regular reviews of all CASNA accounts, report the status of

each account audited and assist in addressing any deficiencies discovered.

1. Function:

- a. Conduct semi annual audits of the Area Treasury
- b. Conduct semi annual audits of the Unity Subcommittee financial records and reports
- c. Conduct semi annual audits of literature committee financial records and reports
- d. Report the results of each audit conducted to the Area Committee
- e. Identify any deficiencies found in an audit and recommend actions to be taken to rectify related practices.

2. Officers:

- a. Chairperson

- i. Qualifications:
 - 1. Suggested clean time: 2 years
 - 2. Suggested 1 year experience in Area Service
 - 3. Good working knowledge of the 12 traditions, 12 concepts, knowledge of accounting or bookkeeping
- ii. Duties
 - 1. Will preside all meetings of subcommittee and audits
 - 2. Prepares subcommittee report for each area
 - 3. Shall attend all area service meetings
 - 4. Delegate duties to other subcommittee members as needed b. Vice Chairperson
- i. Qualifications:
 - 1. Suggested clean time: 1 year
 - 2. Suggested 6 months experience in area service
 - 3. Good working knowledge of the policy subcommittee, 12 traditions, concepts, guide to local service and RRO
- ii. Duties
 - 1. Attend all subcommittee meetings and audits
 - 2. Work with committee chairperson to ensure smooth operation of committee
 - 3. Perform the duties of the chairperson in his or her absence

3. Audit Procedures

- a. The ASC administrative committee (chairperson, vice chairperson, secretary) should determine when an audit is to take place.
- b. No more than 24 hours notice be given before the audit.
- c. Those conducting the audit must take physical possession of all records, statements, inventories, and petty cash.
- d. The treasurer should be available to the audit committee in order to assist and answer questions, if necessary.
- e. An audit should be seen as a tool that can keep a minor error from becoming a major one. It is not intended to be an inquisition.
- f. Audits should not be predictable, but should be varied as to time and place.

Intent: To update Audit sub-committee policy to better match the needs of Area and fulfill our duties per the spiritual principles of NA as they relate to the management of NA funds. Submitted by Sean B. Desire to Grow 2nd by **Discussion March, Vote April – motion to table passed**

M02.26 P2- Capital Area of Narcotics Anonymous to host a convention Intent: to form unity Submitted by Ramona B. 2nd by Gerald W. **Discussion March, Vote April – motion to table passed**

M10.25 P4- To adopt the following as policy to replace current theft CASNA Policy Page 6, 8e

1. Verify the theft

- The Audit committee shall complete a thorough review of all books and financial records within 30 days of the discovery of the theft.
- Determine the amount taken.
- Identify the individual responsible.
- Assess which safeguards or procedures failed.

2. Call a meeting within 30 days of the completion of the audit.

- Notify the individual(s) involved and give them a chance to speak. ● Use a structured format for the meeting.
- Include a spiritual break before deciding on action.

3. Restitution Process (if admitted)

- Develop a restitution agreement with a repayment schedule.
- Full restitution must be made within two years of the discovery of the theft.
- Make the agreement legally binding, signed, and witnessed through a rule 586 Dismissal Upon Satisfaction Agreement that clearly delineates the legal consequences if the agreement is not met.

see:

<http://WWW.pacodeandbulletin.gov/Display/pacode?file=/secure/pacode/data/234/chapter5/s586.html&d=reduce>

- Publish a report on the situation and provide updates.
- Remove the individual from service positions.

4. If the Individual Does Not Appear

- Make every effort to contact them.
- Send a registered letter outlining the audit finding and consequences. ● Retain a copy of the letter for records.
- 5. If They Refuse, Default, or Disappear
- Consider criminal charges as a last resort.
- Consult area/regional committees and World Services before proceeding.
- 6. Support Recovery ● Recognize emotional responses like hurt or anger.
- Encourage the individual to continue their recovery.
- Offer support as you would to someone who relapsed.

Intent: To update previous policy and clarify procedure in the event of theft. Concept 11: NA funds are to be used to further our primary purpose, and must be managed responsibly. Submitted by: Stephen T. GSR Value of Life Seconded by: Rob W. **Discussion Feb, Vote March – motion withdrawn by maker**

Discussion Topics:

#1 - The \$300.00 that was mistakenly set aside for the Unity t-shirt fund should be transferred into the working balance.

Written by: Drew M. ODOP

CANA UNITY SUB-COMMITTEE

Feb 1, 2026

CANA UNITY SUB-COMMITTEE
TREASURER REPORT

EVENT DATE: Jan 17th 2026
STARTING BALANCE: \$ 444.00

INCOME

ADMISSION: N/A
FOOD: \$ 133.00
MISCELLANEOUS ITEMS (Pria): \$ 100.00
SUB-TOTAL: \$ 674.00
NEW BALANCE: \$ 674.00

EXPENSES

FACILITY RENT: \$ 45.00
D.J.: \$ 50.00
FOOD: \$ 391.84
MISCELLANEOUS ITEMS: \$ 257.24
SUB-TOTAL: Ice, salas, water
ENDING BALANCE: 357.34

